

# Back To Health

## Nutrition and Chiropractic Center

Your Guide to Better Living

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## Lyme's Disease

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*"As of noon on Friday, Dec. 19, Headache is GONE!  
His sensitivity to light and sound is improving a little  
week by week, and his sensitivity to  
touch has improved to the point now where we can  
give him a very light hug without sending him  
through the roof. It's the best Christmas Gift EVER!"  
–Mother of the child*

*"We had to turn down the lights in the consultation  
room and speak in a whisper because of the extreme  
light and sound sensitivity indicating probable central  
nervous system inflammation or infection."  
–Dr. Van Merkle*

# **Lyme's Disease**

## Case Study for 13 Year Old Male

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### **Patient profile:**

The Patient presented on 11-3-2003, diagnosed in 2003 with Lyme's disease for about 5 months. Patient was suffering from extreme pain, photo-sensitivity, severe headaches and joint swelling was getting worse. Positive blood tests for Lyme's disease. Patient was also positive for West Nile Virus, and antibiotics were no help at all. Extreme sensitivity to even light touch we could not take his blood pressure. He suffers from extreme constant headaches as well as constant muscle soreness and joint pain. He feels unusually hot, and is fatigued most of the time. He has excruciating pain in his hips and legs. He has been taking many herbs, vitamin supplements, and using essential oils, nothing is helping prior to coming to our office. Family lived about 3 hours away.

### **Patient's tests results:**

Patient's blood showed the presence of high levels of cholesterol, also known as Hypercholesterolemia. Blood test indicated signs of possible Kidney involvement. Thyroid was functioning low with Gastro/Intestinal dysfunction as well. Signs of Anemia were present not to mention a possibility of Immune Deficiency either being caused by an allergy or possible infection. Patient was also experiencing chronic wasting symptoms with dehydration effects. The patient's hair analysis showed very high Potassium, Iodine, and Manganese levels. Patient's hair showed very low Barium; and Cobalt. Arsenic and Tin were present as well in this patient's hair.

### **Patient assessment:**

An immediate recommendation for this patient was he stop taking Coral calcium and multiple herbal formulas and all nutrients to ease symptoms of mood swings and depression.

I recommended the following vitamin regiment for the patient...

Vitamin C powder (3 teaspoons per day)	
Lauricidin (1/4 teaspoon 4 times per day)	
Magnesium at (2 per day)	
Calcium Lactate	2
Vitamin B-Complex	1
Iron Peptonate	1
Magnesium Glycinate	2
Powdered Vitamin C (3 teaspoon per day for 1 month)	
Spectramin Chelate	2
Sublingual B12 Plus	3
Vitamin C	2
Chlorella	2
Energenics	1
Inflavanoid	3
Lacto 120	1
Multiple	1
MLK 1000	1
GLA (Ultralinic)	1
Vitamin C	3

**Patient's Mother In Her Own Words:**

Sunday, December 21, 2003 --

Dear Dr. Merkle,

Thank you for your phone call. As of Noon Friday, Dec. 19<sup>th</sup> my son's headache is GONE! His sensitivity to light and sound is improving a little week by week, and his sensitivity to touch has improved to the point now where we can give him a very light hug without sending him through the roof. It's the best Christmas Gift EVER! He is almost out of the Vitamin C powder (not his favorite) should he take another bottle of this?

Thank you,

- A relieved Mother

### **Dr. Merkle's Final Thoughts:**

This is an amazing recovery from two significant diseases. I do not know which one was responsible for this young boy's condition, maybe or probably it was both. The family was desperate. We had to turn down the lights in the consultation room and speak in a whisper because of the extreme light and sound sensitivity indicating probable central nervous system inflammation or infection.

We tried many times to get this young boy re-tested after he improved. We wanted to re-test the blood for Lyme's and West Nile disease and other factors as well, but the family was not interested and they lived so far away. However, we did the job that they wanted us to do...get their child well. They were not interested in more tests, but more interested in watching their son on the ball fields again, and just being a normal boy.

*I don't claim to have the cure for diseases like Lyme's Disease, MS, Cancer, and Lupus, but I do have answers for improving health, healing and repair and getting patients back on track; the result is living a more normal and healthier life.*

-Dr. Van D. Merkle